# GRACE COLLEGE SUMMER SPORTS CAMPS



This camp will provide the opportunity for young athletes to learn more about track and field events focusing primarily on the areas of sprints, jumps (long and high jump), and throws (shot put)! All campers will learn about and gain experience in each of these events, and have the opportunity to compete in a mini track meet on the final day of camp.



## Michael Moffitt

Track and Field Head Coach

Coach Michael Moffitt brings experience as a competitive USA level athlete and collegiate coach at the NAIA and NCAA level. He has coached numerous All-Americans and National Champions at the college level. He stresses to his student athletes the importance of using your God-given talents in the sport of track and field as a form of worship in all areas of life.

- NCCAA National Champions 2021, 2022, 2023
- NAIA Indoor Highest Ranking (#3) in History 2022
- NAIA Outdoor Highest Ranking (#10) in History 2022
- 1 NAIA National Champion & Nine NAIA All-American events in 2022

#### **STAFF GOALS**

- 1. Each camper will learn and develop sound track and field fundamentals.
- 2. Each camper will be inspired and motivated to achieve his or her potential as a player and a person.
- 3. Each camper will enjoy Lancer Camp, realizing that having fun is an important part of track and field.

### CAMPS

Date	Grades	Туре	Price
6/10-6/12	4-9	Day	\$100

#### **DROP OFF & PICK UP**

Date	Grades	Drop Off
6/10-6/12	4-9	9am

9am 11am

### DROP OFF LOCATION

Miller Athletic Complex



Pick Up

Register for camp at: GCLANCERS.COM/CAMPS